



FREEDOM

3D

HOW RELEVANT IS FREEDOM TODAY?

There is no time like the Pesach seder to consider this question.

The seder commemorates our ancestors' journey from slavery to freedom over 3,000 years ago. Yet, a key tenet of the seder experience is that we each make this transformation relevant in our own lives rather than leave it as a thing of the past. The Haggadah explicitly states: "In every generation a person is obligated to regard themselves as if they had come out of Egypt." Is this easier said than done?

The Tribe Freedometer 3D aims to explore the concept of transformation by connecting young people to the ancient words of the Haggadah in a way that is pertinent to their own lives. The transformation image cards in this pack focus on four key stages of the seder with triggers for stimulating discussion on contemporary issues.

Tremendous thanks to everyone at Tribe for their significant contributions to this project, to the many communities taking part, to our generous sponsors and to United Synagogue President Michael Goldstein and all the US Trustees, for their ongoing support of Tribe.

Tribe is about creating a future for our community through engaging, educating and inspiring the next generation. I hope that the Tribe Freedometer 3D helps you to create a thought provoking, meaningful and transformative seder experience.

Chag sameach - Next year in Jerusalem!

Rabbi Eli Levin

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A young man with dark hair, wearing a grey hoodie, is shown in profile, looking thoughtfully to the left. His hand is resting near his chin. The image is overlaid with a vibrant, semi-transparent red and blue color scheme, creating a dual-toned effect. The background is blurred, suggesting an indoor setting with other people.

IS CHANGE POSSIBLE?

YOU DECIDE!

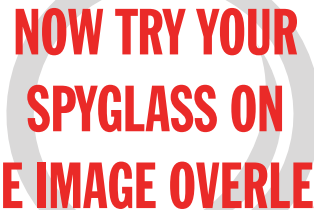


THE FOUR CHILDREN

“THE TORAH SPEAKS OF FOUR CHILDREN: ONE IS WISE, ONE IS WICKED, ONE IS SIMPLE AND ONE DOES NOT KNOW HOW TO ASK.”

Social acceptance

Sometimes the reason a person is disengaged is because they feel rejected, whilst someone else is engaged because they feel accepted. How can *you* help transform a person from feeling rejected to feeling accepted?



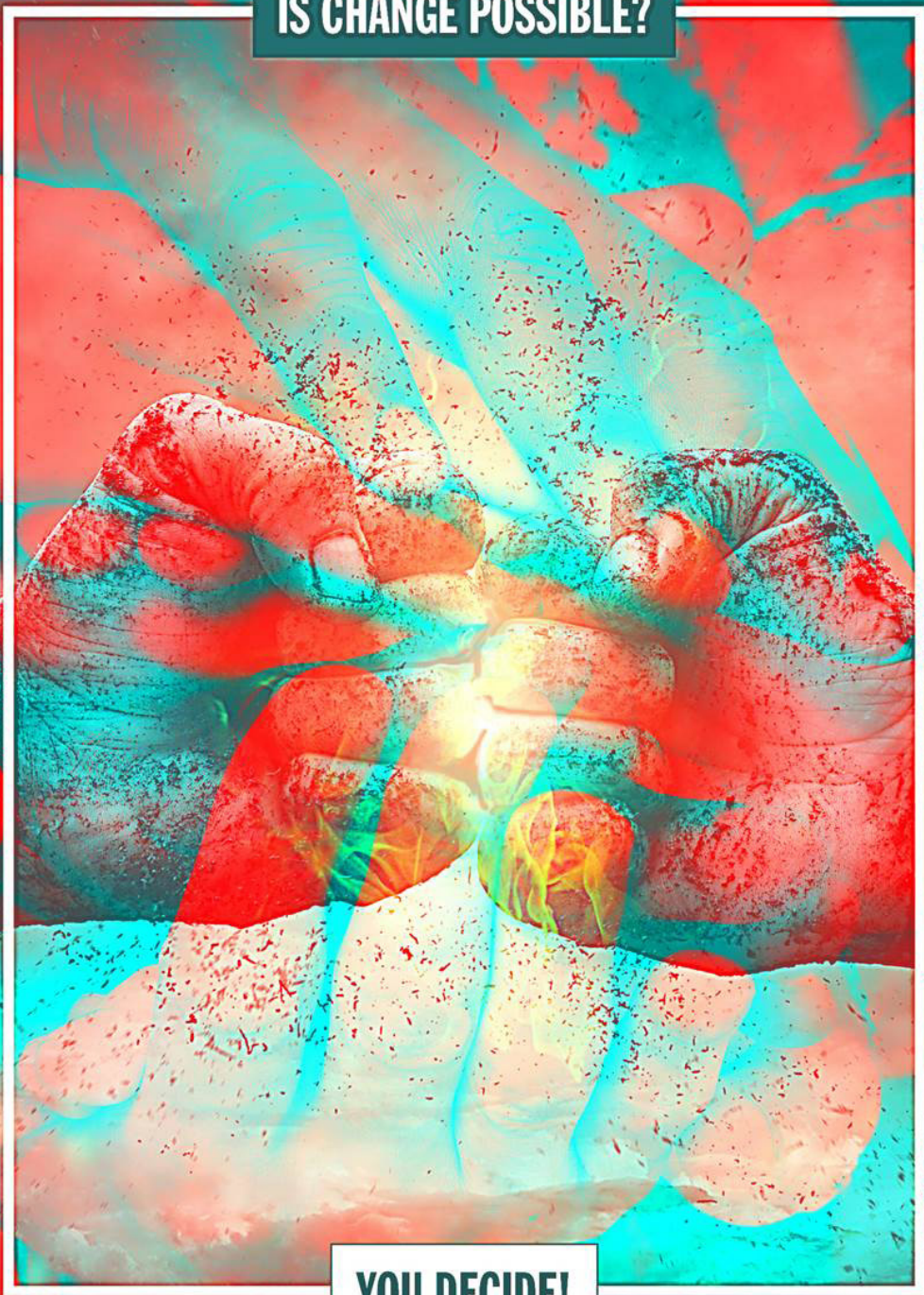
**NOW TRY YOUR
SPYGLASS ON
THE IMAGE OVERLEAF**



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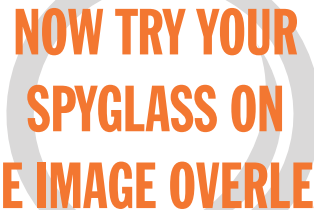


VEHI SHE'AMDA

“FOR NOT ONLY ONE AROSE AND TRIED TO DESTROY US, RATHER IN EVERY GENERATION THEY TRY TO DESTROY US AND GOD SAVES US FROM THEIR HANDS.”

Conflict and peace

Is making peace a job only for God, governments or peace keepers? How can *you* help transform conflict into peace?



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DAYENU

“HOW MANY GOOD THINGS HAS GOD DONE FOR US... DAYENU - IT’S ENOUGH!”

Consumerism

When does a designer label add real value? Is having the same item but without the logo ever enough? How can *you* help transform a fashion victim into a person who makes their own choices?



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IDENTIFYING WITH THE EXODUS

“IN EVERY GENERATION ONE IS OBLIGATED TO REGARD THEMSELF AS THOUGH THEY PERSONALLY HAD COME OUT OF EGYPT.”

Mental health

A human being can be ‘enslaved’ by internal barriers. How can *you* help transform overwhelming stress into inner calm?

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TRANSFORMATION

The Pesach story is one of transformations. Here are some examples:

MOSES:

Moses' life is saved by Pharaoh's daughter. He grows up in the palace as an Egyptian prince with an Egyptian name and identity.

"The child grew up, and she brought him to Pharaoh's daughter, and he became like her son. She named him Moses, and she said, "For I drew him from the water."

Yet, in the end, Moses saves the Jewish people from the same royal house that had once saved him.

PHAROAH:

Pharaoh is described from the outset as an unsympathetic king with a 'heavy heart'. Having refused the request to let the Jewish people go several times, we eventually see his transformation when he says:

"Get up and get out from among my people, both you, as well as the children of Israel, and go, worship the Lord as you have spoken."

EMANCIPATION:

The greatest transformation of the Pesach story is the process from slavery to freedom. At a certain point the Jewish people were so downtrodden they could not even contemplate a promise of redemption. They were in total survival mode and as such:

"They did not hearken to Moses because of shortness of breath and because of hard labour".

The transformation came about when at the end of the plagues they left Egypt in broad daylight as free people.

MATZAH:

The matzah also symbolises the transformation that took place. On the one hand it represents poor man's bread, as we say in the Haggadah *"ha lachma anya...this is the bread of affliction."*

On the other hand, we eat it reclining as free people. These paradigms make us question the limitations we often set ourselves. Is there really a glass ceiling?

As we celebrate our freedom on Pesach, we could dwell just on the liberation. Yet **the Haggadah focuses on the process of transformation that took place**, discussing how the story began and taking us all the way through to the Exodus. This is because the concept of transformation is such a significant one to apply to our lives. Let's go beyond our own boundaries and reach for the sky!



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**TRIBE HELPS YOUNG PEOPLE TO DISCOVER THEIR
JEWISH FREEDOM BY CREATING A FUTURE FOR OUR
COMMUNITY THROUGH ENGAGING, EDUCATING AND
INSPIRING THE NEXT GENERATION.**

IF YOU'D LIKE TO HELP . . .

Tribe's Pesach Freedometer 3D was made possible by the generosity of its supporters. If you'd like to make a donation to support the work of Tribe you can do so online at www.theus.org.uk

**If you'd like more information about Tribe's activities please
visit www.tribeuk.com or call 020 8343 5656**



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