



THE TRIBE SCRIBE

TOLEDOT: WAITY MATTERS!

DO YOU LIKE BISCUIT DOUGH? I KNOW I DO! WHEN I'M BAKING, I ALWAYS WANT TO EAT ALL THE BISCUIT DOUGH - IT TASTES SO YUM! BUT AS DINA POINTED OUT - THEN I WOULDN'T HAVE ANY BISCUITS... WHAT WOULD BE THE POINT IN THAT?!



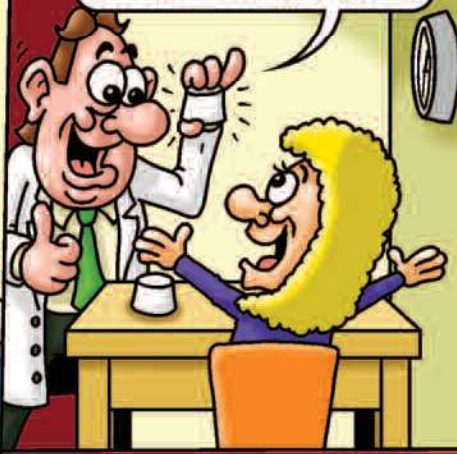
HERE'S A MARSHMALLOW. I'M GOING TO COME BACK SOON. YOU CAN EAT IT IF YOU WANT, BUT IF YOU CAN WAIT UNTIL I GET BACK, I'LL GIVE YOU TWO MARSHMALLOWS.



EVER HEARD OF THE FAMOUS MARSHMALLOW EXPERIMENT? PSYCHOLOGISTS IN STANFORD UNIVERSITY DID RESEARCH WHERE YOUNG CHILDREN WERE OFFERED ONE MARSHMALLOW IMMEDIATELY OR TWO IF THEY COULD WAIT.



WELL DONE! YOU MANAGED TO WAIT! HERE'S ANOTHER MARSHMALLOW. YOU CAN EAT THEM BOTH NOW.



AS YOU CAN IMAGINE, IT WASN'T EASY NOT TO EAT THE MARSHMALLOW - I KNOW I'D WANT IT! SOME CHILDREN ATE IT, AND SOME WERE ABLE TO WAIT.

RESEARCH SHOWED THAT LATER IN LIFE, THE CHILDREN WHO MANAGED TO WAIT DID BETTER ON TESTS, HANDLED STRESS BETTER, WERE HEALTHIER AND HAD BETTER SOCIAL SKILLS. HOW ABOUT THAT?!

ARE THERE MARSHMALLOWS IN THE PARASHA? NOPE! BUT THERE IS THE SAME IDEA OF BEING ABLE TO HOLD BACK FROM SOMETHING THAT YOU'LL REALLY ENJOY NOW, FOR SOMETHING THAT WILL BE SO WORTH IT LATER. WHEN ESAV SAW SOME DELICIOUS LOOKING SOUP, HE WAS SO DESPERATE FOR IT, HE WAS PREPARED TO SELL AND LOSE OUT ON HIS BIRTHRIGHT. YAAKOV, WHO CARED MORE ABOUT HIS FUTURE THAN HIS STOMACH, WAS DELIGHTED TO DO THE DEAL.



OF COURSE, LATER ON, ESAV REGRETTED HIS IMPULSIVE DECISION, BUT BY THEN IT WAS TOO LATE. THE TORAH IS SHOWING US A REALLY POWERFUL LESSON: THINK OF THE LONG RUN - WILL YOU BE HAPPY WITH THIS CHOICE FURTHER DOWN THE LINE?

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