



## Bensch and Sing

### Bensch and sing

Bensch and Sing is Tribe's clear and easy-to-use Bensch. It is designed to help you follow and join in with 'Grace after Meals' and also includes everything you need for your Shabbat table as well as Sheva Brachot. Each page has Hebrew, transliteration and translation to enable anyone to use it.

Benschers cost £2.49 each plus postage & packing. To order please email [publications@theus.org.uk](mailto:publications@theus.org.uk) [1]

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