

The Tribe Weekly Newsletter



This week's parasha is Shelach Lecha

Shabbat Times in London

Shabbat begins: 9.07pm

Shabbat ends: 10.28pm

This week's Parasha (Weekly Torah portion) is Shelach Lecha and at the start of the Parasha (Weekly Torah portion) Moshe (Moses) sent twelve spies to the Land of Canaan. After spending Forty days in the Land, the spies returned, carrying huge clusters of grapes, pomegranates and figs, as evidence of the land's fertility.

However, ten of the spies claimed that it would be impossible for the Children of Israel to conquer the Land, as the people who lived there were giants and warriors and much more powerful than they were. Only two of the spies, Caleb and Joshua gave the people an optimistic message and assured them that the people in Canaan could indeed be conquered, as God had commanded.

The Children of Israel cried and said that they would rather return to Egypt. As a result of their unnecessary crying, God told the Children of Israel that their entry into the Land of Canaan would be delayed and it would take them forty years in total. The generation who left Egypt were told that they would not enter the Land of Canaan, but these people were assured that their descendants would possess the Land of Canaan.

God told Moshe (Moses) to prescribe the following laws which would become effective at the time they had possessed the Land; that meal-offerings and drink-offerings should accompany the offering of animals, that the part of the dough called Challah should be set aside for God and that if the people worshipped

idols by mistake, they would be forgiven by bringing an offering.

At the very end of the Parasha (Weekly Torah portion), God instructed the people to place Tzitzit (Fringes) on their four cornered garments, so that they should remember His commandments.

Song for the future!

Here is a link to a song for the whole family, which you can listen to and enjoy before Shabbat.

Yaakov Shwekey – ‘Perfect World’

<https://www.youtube.com/watch?v=AU5Ratcxzzw>



Parasha Wordsearch Challenge

Answers are at the end of the Newsletter

S	A	B	E	F	G	A	D	D	R	P	V	X	O
S	P	V	Z	Q	U	I	M	R	E	J	O	C	M
T	F	I	H	N	K	W	J	O	S	H	U	A	Z
O	G	W	E	A	X	B	P	U	N	L	I	W	M
G	V	Z	T	S	N	T	X	J	M	C	S	M	S
M	T	U	P	F	L	B	A	X	I	G	N	B	C
G	W	V	O	L	H	S	E	I	R	R	O	H	B
P	J	U	M	S	C	H	A	L	L	A	H	J	K
M	C	L	E	K	I	A	H	J	J	P	B	D	J
Y	A	D	G	B	Q	U	N	M	A	E	U	P	X
M	L	V	R	L	K	B	T	A	W	S	E	C	T
T	E	R	A	H	K	A	O	U	A	G	Q	U	V
W	B	L	N	O	L	K	R	C	H	N	G	S	B
M	H	K	A	S	E	B	Q	A	P	V	C	M	U
A	Z	E	T	L	D	B	T	Z	I	T	Z	I	T
Z	C	S	E	G	R	O	S	C	P	D	G	J	O
M	E	W	F	P	S	M	T	N	K	S	K	D	V


Words to find:

Spies	Caleb	Canaan	Tzitzit
Joshua	Grapes	Pomegranates	Challah

One of the reasons why 10 of the 12 spies who went to Canaan came back with a negative report, was because they didn't go as a cohesive unit. They did not trust each other and could therefore, not work together.

A 'Mashal' - A Story that teaches us a lesson about: 'Achdut' – Working Together

Use the Pictures to help tell the Story

Many, many years ago, in a country far, far away there lived a  who loved

to go riding in the . He would ask his many  to prepare his

horse and together they would all ride through the trees and open fields, looking at the wildlife and the different species of plants and bushes.

One day, while they were riding through the , the king saw an

unusually beautiful  perched on top of a very tall tree.

He ordered his  to bring him the  so that he could have a closer

look at it. After all, it was so high up in the tree.

Unfortunately, there were no  around and if they went back to the

palace to get a , by the time they got back, the  would have

almost definitely flown away.

So the  ordered his  to form a human , with each one

standing on the shoulders of the other. The  at the very top of the human

 would reach out and get the , bringing it safely to the .

Now you can imagine how frustrated the  at the very bottom of the

human  was feeling. There was sweat dripping from his face and he

simply could not stand still with all that weight piled on top of him. He suddenly moved, ever so slightly. But this sudden move caused a chain reaction and the

 on top started to lose their balance, tumbling down, one on top of the

other.

As you can imagine, all this commotion scared the  and it flew away,

leaving the  extremely disappointed.

'Nimshal' – What can we learn from the story – When human beings work together, they need to cooperate with each other, be kind to each other and listen to each other. If just one person decides to do their own thing and not

work as part of the whole group, things may not work out. In the story, it just took that one servant right at the bottom of the human ladder to move slightly and the whole ladder came tumbling down!

Key



King



Forest



Servant/s



Bird



Ladder

Recipe of the week

Thumbprint Biscuits



Ingredients

Serves: 15

- 125g butter (Milky)/margarine (Parev)
- 100g caster sugar
- 125g plain flour
- 125g self-raising flour
- 1 teaspoon custard powder (Bird's Custard Powder is approved by KLBD and is Parev)
- 1 egg
- 1/2 teaspoon vanilla extract
- strawberry or raspberry jam

Method

Prep: 20min Cook: 15mins Ready in: 35min

1. **ADULT** - Preheat oven to 190 C / Gas 5.
2. **CHILD and ADULT** - Grease a baking tray or line with baking parchment.
3. **CHILD and ADULT** - In a medium bowl, cream butter/margarine, vanilla and sugar. Add the egg and mix well.
4. **CHILD and ADULT** - Sift in flours and custard powder and stir. Roll into balls and place on prepared tray. Lightly flatten with a fork. Make a small depression with your finger or the end of a wooden spoon, in the top of each ball and add a little jam.
5. **ADULT** - Cook for 15 to 20 minutes until done.



The Tribe Scribe

A special US 150 edition

THE TRIBE SCRIBE

US AT 150: EPISODE 1



DID YOU KNOW THE UNITED SYNAGOGUE WAS FOUNDED IN 1870 WHICH MEANS THAT THIS YEAR IS ITS 150TH BIRTHDAY?

WOAH, THAT'S A LOT OF CANDLES! JOIN US IN EPISODE 1 OF 4 SPECIAL EPISODES AS WE FIND OUT MORE ABOUT THE BEGINNING OF THE UNITED SYNAGOGUE ALL THOSE YEARS AGO.

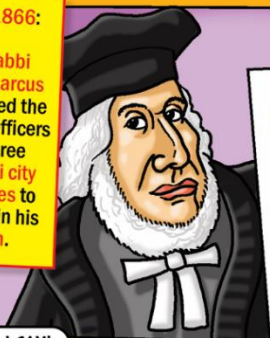


The story goes back further than just 150 years. Nathan Meyer Rothschild, the famous banker, suggested the idea of a United Synagogue in 1823.



Sukkot 1866:

Chief Rabbi Nathan Marcus Adler invited the Honorary Officers of the three Ashkenazi city synagogues to breakfast in his Sukkah.



Dear Honorary Officer
You are invited to attend a meeting to discuss the formulation of a union of Synagogues.
First Day Sukkot at the home of the Chief Rabbi, 16 Finsbury Square.
RSVP



I PROPOSE....

OH, I SAY!

HEAR, HEAR!

Lionel Louis Cohen, banker, politician and leading figure in the Great Synagogue led the discussions.



YOU SEE, THE ADVANTAGE IS...



I QUITE AGREE!

HEAR, HEAR!

JOLLY GOOD IDEA.

OH YES!

The negotiations were long and complicated, involving the government and charity commissioners. Most importantly they needed the full agreement of all the synagogues involved. Imagine how difficult that was going to be! Finally, they all agreed! The story of the United Synagogue had begun...

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Tribe is the Young People's Department of the United Synagogue: Creating a future for our community through engaging, educating and inspiring the next generation.



Answer Sheet

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Shabbat Shalom! From everyone at Tribe