### **The Tribe Weekly Newsletter**



#### This week's Parashot are Chukat & Balak

Shabbat Times in London Shabbat begins: 9.06pm Shabbat ends: 10.24pm

In this week's Parashot (Weekly Torah portions) Moshe (Moses) is taught the laws of the Red Heifer, whose ashes were mixed with other ingredients and used to purify a person who had come in to contact with a dead body.

The Children of Israel had been travelling in the wilderness for 40 years in total and at the beginning of the fortieth year, they returned to a place called Kadesh. It was there that Miriam, the sister of Moshe (Moses) and Aharon (Aaron) died. At Miriam's passing, the rock which had accompanied the Children of Israel in the Wilderness and from which water had miraculously flowed, stopped flowing.

So, God told Moshe (Moses) to speak to it and command it to give water.

However, Moshe (Moses) became angry at those from amongst the people who were pressurising him for water and he hit the rock instead of speaking to it. At that moment, water gushed out of the rock, but Moshe (Moses) was told by God that both him and Aharon (Aaron) would not be able enter the Land of Canaan.



When the people arrived at Har Hahor, a mountainous region, Aharon (Aaron) died and was buried there. Moshe (Moses) installed Aharon's (Aaron's) son Elazar as the next Cohen Gadol (High Priest).

Once again, the Children of Israel complained bitterly about a lack of food and water and as a consequence, a plague of snakes attacked the camp. God told Moshe (Moses) to place a copper snake on a pole and whoever looked at this copper snake was healed.

Balak, the King of Moav (Moab), sent a message to the prophet Balaam to curse the Children of Israel, as he feared that they would attack his army. On the way to cursing the Children of Israel, Balaam was miraculously told off by his donkey!

But still, he ventured onwards to curse the people.

Balaam attempted to curse the Children of Israel three times, but each time, blessings came out of his mouth instead. The most famous of these blessings is said in part, each morning, as part of our Morning Prayer. 'How goodly are your tents Jacob, your dwelling places Israel.'

When the Children of Israel next set up camp, many of them were persuaded to worship the Moabite idol called Peor.

In addition, some of the Midianites had managed to convince many amongst the Children of Israel to go against the Torah and the people started behaving very badly. However, nobody seemed prepared to stand up for what was right and stop them behaving in this way.

So, a man by the name of Pinchas decided to act bravely and assertively and stood up for what was correct. It was because of his actions, that many lives were saved from amongst the Children of Israel.



# **Song from the Parasha!**

Here is a link to a song you can play on Friday evening before the commencement of Shabbat, which is one of the blessings given to the Children of Israel in this week's Parasha.

https://www.youtube.com/watch?v=yU3nu0jwQjc

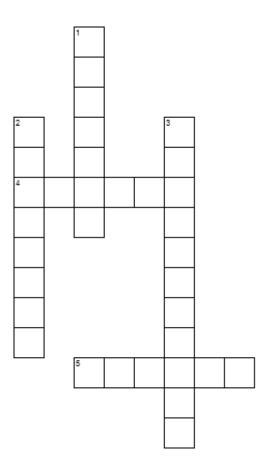
'Ma Ma Ma' sung by Shwekey







# **Chukat and Balak Crossword Challenge**



#### **Across**

- 4. High Priest in place of Aaron
- 5. Blessed the people instead

#### Down

- 1. Stood up for what was right
- 2. Moses hit it instead of speaking to it
- 3. number of years in the wilderness



### **Parasha Number Quiz**

See how much you can remember from previous Parashot (Torah portions).

Each answer is a number

- 1. How many plagues were brought on Egypt?
- 2. How many Tribes of Israel were there, including the Tribe of Levi?
- 3. How many precious stones were on the High Priest's Chest plate?
  - 4. How many of each kosher animal did Noah take into the Ark?
- 5. How many of each non-kosher animal did Noah take into the Ark?
- 6. How many commandments were written on each tablet of stone, which were brought down Mount Sinai by Moses?
  - 7. How many days is the festival of Pesach (Passover) in Israel?
  - 8. How many days is Rosh Hashana in Israel and across the world?
- 9. How many of the 12 spies sent to Canaan, came back with a good report?
- 10. How many branches were on the Menorah (Candelabra) in the Mishkan (Tabernacle) and Beit Mikdash (Holy Temple)?



### **Story**

'So Grateful for Your Protection' — (Use the Pictures to help tell the Story) You can use the key at the bottom to help

This story is a 'Mashal'; it is not a true story, but it has a message which teaches us an important lesson. The lesson we can learn from the story is called the 'Nimshal'.

MASHAL: There once lived a who heard that someone had discovered a

that, when applied to a person's body, made that person invulnerable.

Once the was spread on the skin, no one could hurt that person.

The excitedly bought the and smeared it all over his body.

One day, while he was returning home through the forest a attacked

him, trying to steal his . As they tried to hold him back and prevent him from stopping them, all their efforts were unsuccessful. Try as they might, they

just couldn't touch the and they certainly couldn't steal his.

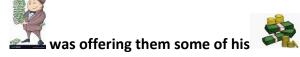
After a while, the robbers turned and left, completely bewildered as to how

strong the had been and that, try as they might, they just couldn't get the



However, the were stopped by a sudden shout from the . 'Wait

Come back.' The South Iooked at him suspiciously until they noticed that the





. They just could not understand it!



They had just been trying to rob him and now he was giving them

noticed their surprise and explained, 'I am giving you this of gratitude. You see, I went through a lot of trouble and expense to purchase a

, but I wasn't sure if it would work. Your attack on me proved that it did work and that is why I am grateful to you. You showed me that I was correct to



put my trust in the

NIMSHAL: This was also the benefit of Balaam's actions for the Children of Israel. Their forefathers and foremothers had escaped the effects of their enemies' curses in the past and they couldn't be certain that they also deserved God's protection. It took the episode of Balaam's curses turning in to blessings to show them that God's assistance was still present and the curses of their enemies still couldn't hurt them.

### **KEY**



Wealthy man



Gifts



Miraculous potion



Money



**Band of robbers** 





### Recipe of the week

Easy Raspberry Muffins – dairy.

#### **Ingredients**

- 250g (9oz) plain flour
- 1tbsp baking powder
- 100g (4oz) golden caster sugar
- 75g (3oz) butter/margarine, chilled
- 1 large egg
- 175ml (6fl oz) milk
- 150g (5oz) fresh raspberries
- Extra sugar for sprinkling (optional)

#### Method

- ADULT: Preheat the oven to 200°C (400°F, gas mark 6). Line a 12-hole muffin tray with paper muffin cases.
- ADULT & CHILD: Sift the flour and baking powder into a large bowl and stir in the sugar. Coarsely grate the chilled butter/margarine into the bowl and stir with a fork to coat in the flour mixture.
- ADULT & CHILD: Beat together the egg and milk then pour into the bowl. Mix lightly with a fork until just combined. Take care not to over-beat the mixture – it should still be a little lumpy. Gently fold in the raspberries.
- ADULT & CHILD: Spoon into the muffin cases.
- ADULT: Bake for 20-25 mins until the muffins have risen and are golden.
- ADULT & CHILD: Sprinkle lightly with a little extra sugar while still warm.

Add other fruit to this basic recipe: blueberries, chopped dried apricots, mashed ripe bananas or diced apples all taste great.











### **Tribe Scribe**

#### A special US 150 edition



# **Answer Sheet**

**Chukat and Balak Crossword Challenge** 

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#### Parasha Number Quiz

1. 10, 2.13, 3.12, 4.14, 5.2, 6.5, 7.7, 8.2, 9.2, 10.7

**Shabbat Shalom! From everyone at Tribe** 

