

THE TRIBE SCRIBE

ADAR: HAPPY DAYS!



HAPPINESS GRAPH

WE'RE REALLY MEANT TO BE HAPPY

ALL YEAR POLIND, (EYERT FOR THE

WE HAVE JUST BEGUN THE HEBREW MONTH OF ADAR IN WHICH WE CELEBRATE THE FESTIVAL OF PURIM. THE TALMUD TELLS US: MISHENICHNAS ADAR, MARBIM BESIMCHA - WHEN ADAR ARRIVES, WE INCREASE OUR HAPPINESS.

WE'RE REALLY MEANT TO BE HAPPY
ALL YEAR ROUND (EXCEPT FOR THE
MONTH OF AV WHEN WE WE'RE
THINKING ABOUT THE DESTRUCTION
OF THE TEMPLE) BUT WHEN ADAR
ARRIVES WE ARE EXTRA HAPPY WHEN
WE REMEMBER THE PURIM STORY.



KING DAVID TELLS US IN PSALMS: IVDU ET HASHEM BESIMCHA! - SERVE GOD WITH HAPPINESS!

KEEPING GOD'S MITZVOT SHOULD MAKE US FEEL HAPPY BECAUSE THEY ARE GOOD FOR US. IF WE FEEL HAPPY WHEN WE KEEP THEM, WE END UP DOING THEM BETTER.



THE MISHNA IN AVOT TELLS US: EZEHU ASHIR? HASAMEACH BECHELKO - WHO IS RICH? SOMEONE WHO IS HAPPY WITH WHAT THEY HAVE.

THE TORAH IS TEACHING US THAT BEING RICH IS NOTHING TO DO WITH HOW MUCH YOU HAVE AND EVERYTHING TO DO WITH BEING HAPPY WITH WHAT YOU HAVE.

WHAT MAKES YOU HAPPY?



Tribe is the Young People's Department of the United Synagogue: Creating a future for our community through engaging, educating and inspiring the next generation.

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