



# THE TRIBE SCRIBE

EIKEY: CRACKING PACKING!

WHY ARE CAMPING HOLIDAYS SUCH HARD WORK?



BECAUSE THEY'RE INTENSE!

SUMMER HOLIDAYS ARE HERE AND WE'RE SO EXCITED TO GET A BREAK FROM EVERYDAY SCHOOL LIFE. WE MIGHT BE AWAY BUT WE'RE NEVER ON HOLIDAY FROM THE VALUES THAT ARE IMPORTANT TO US. HERE ARE SOME TIPS AND TRICKS FOR JEWISH LIFE ON THE MOVE.



DON'T FORGET TO PACK YOUR **SIDDUR** - YOU DON'T NEED A **SHUL** TO PRAY. I LOVE THAT THE **CHIEF RABBI'S** NEW **SIDDUR** HAS A POCKET SIZE EDITION - PERFECT FOR PACKING!



WHEN WE'RE IN THE COUNTRYSIDE, I LIKE TO PRAY OUTSIDE. BEING SURROUNDED BY BEAUTY AND NATURE HELPS GET ME IN THE MOOD AND IT'S MY FAVOURITE PLACE TO PRAY. I FEEL MUCH CLOSER TO **GOD** WHEN I SEE HIS BEAUTIFUL WORLD.

**SHABBAT** ON THE GO DOESN'T NEED TO BE TRICKY! IF YOU DON'T HAVE **CHALLOT** YOU CAN USE ANY WHOLE BREAD INSTEAD LIKE ROLLS, BAGELS, OR PITA. LAST YEAR WE USED 2 BAGUETTES!



IT HELPS TO BE PREPARED... WE HAVE A MINI **SHABBAT** KIT THAT WE TAKE ALONG. IT HAS A HIP FLASK FOR WINE OR GRAPE JUICE FOR **KIDDUSH**, 2 TEA LIGHTS TO LIGHT **SHABBAT** CANDLES, SPICES FOR **HAVDALLAH** AND EVEN A TRAVEL SIZE **CHALLAH** COVER!



TRAVELLING IN THE UK, YOU CAN GET PLENTY OF **KOSHER** FOOD FROM THE SUPERMARKET OR LOCAL SHOPS.



FOR UP-TO-DATE INFO, CHECK OUT THE **IS IT KOSHER?** APP, WEBSITE, **KLBD DIRECT** FACEBOOK GROUP, **REALLY JEWISH FOOD GUIDE** OR THE JUST RELEASED **NOSH GUIDE!**

WANT TO BE EXTRA? **ROSH CHODESH ELUL** IS ON 18TH AUGUST, WHEN WE START BLOWING THE **SHOFAR** IN ADVANCE OF **ROSH HASHANAH**. I'VE PACKED MY **SHOFAR** TO PRACTISE - THAT WILL BE A BLAST!



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